



## **SCLEROTHERAPY PROCEDURE INFORMATION SHEET**

This form is designed to provide you with the information you need to make an informed decision regarding sclerotherapy treatment. If you have any questions or do not understand the potential risks, please do not hesitate to ask!

### **WHAT IS SCLEROTHERAPY?**

Sclerotherapy is a popular method of eliminating superficial telangiectasias (“spider veins”). This technique initially developed and perfected in Europe has proven effective for the treatment and improved appearance of “spider veins”. A solution, called a sclerosing agent (sotradecol), is injected into the veins to break down the vein walls.

### **DOES SCLEROTHERAPY WORK FOR EVERYONE?**

The majority of individuals who receive sclerotherapy treatments have visible improvement. However, there is no guarantee that sclerotherapy will be effective in every case, although walking improves circulation, which will enhance the outcome of your treatment.

### **HOW MANY TREATMENTS WILL I NEED?**

The number of treatments needed to clear or improve “spider veins” differs for each person. Consult with the physician on the proper number of treatments you

may need. A treatment consists of one syringe full of solution. The average number of treatments is usually three to four.

### **ARE THERE ANY SIDE EFFECTS?**

The **MOST COMMON** side effects experienced with sclerotherapy:

- 1) **Itching:** You may experience mild itching along the vein route. This normally lasts 1-2 days.
- 2) **Transient Hyperpigmentation:** Approximately 30% of all patients who undergo sclerotherapy notice a light brown discoloration after treatment. Nearly all patients notice a darkening of the vein immediately after the procedure. In rare instances the darkening may persist for 4-12 months.
- 3) **Allergic Reactions:** Very rarely a patient may have an allergic reaction to the sclerosing agent. This risk is greater in patients who have a history of allergic reactions.

### **WHAT SHOULD I DO PRIOR TO MY PROCEDURE?**

Wear a skirt or loose fitting slacks to the office on the day of the treatment and bring a pair of shorts to wear during your procedure. Please **DO NOT** moisturize your legs the night before or the day of your treatment. Please refrain from tanning or sun bathing 1 week prior to treatment.

### **WHAT SHOULD I EXPECT AFTER MY TREATMENT?**

You will be wrapped for minimum of 24 hours and then will be required to wear compression stockings for the next 7 days. Please refrain from baths, swimming, tanning, sun bathing, saunas and steam showers for 8 days after treatment to prevent any infection in the injection sites. Remember, it has taken years for those veins to develop, and they **WILL NOT** disappear overnight. Please be patient and allow time for the healing to occur.