



## Q & A for Peripheral Vascular Outpatient Surgery

- Will you get instructions before, during, and after a procedure or test?
  - Yes, the staff will fully discuss the procedure and answer any questions you have.
- What kind of experience does the staff have?
  - The staff has a combined total of over 35 years' experience and all RN's are certified in advanced cardiac life support.
- How long has the center been in business?
  - The center has been open since 2010, and Dr. Ubunama has over 11 years of surgical experience.
- Will the outpatient center staff talk with your doctor and give needed information quickly?
  - Our registered nurses will help you schedule appointments, obtain results and follow up with your PCP post procedure.
- Is the center clean, organized, and comfortable?
  - The office is newly remodeled and provides a friendly, clean, and relaxing environment
- How long will procedure take?
  - Procedure time can vary, contingent on if an intervention is performed and could range in time from 30 minutes to 2 hours.
- What is the recovery time?
  - Recovery time will range from 2-4 hours in the office after the procedure and you will be provided with complete discharge instructions before you leave.

- What kind of medications and anesthesia will the patient be given?
  - Primarily two medications are used to initiate sedation, making you comfortable and pain free throughout the procedure; this is commonly known as conscious sedation.
- What kind of procedures can you do on an outpatient basis?
  - Currently, we perform diagnostic angiograms with possible interventions.
- What is the pre and post op process?
  - The pre and post op procedure will be explained in detail and all questions you may have will be answered during your visit.
- Why can't I eat or drink after midnight the day before my procedure?
  - We would like you to take your blood pressure and cardiac medications with a sip of water. All other food and drinks are restricted to keep the procedure as safe as possible. An empty stomach is required to help prevent aspiration as well as other complications.
- Why do I have to arrive an hour and a half before my procedure?
  - This allows adequate time for the staff to check you in, prepare you for the procedure, and answer any last minute questions you may have.
- May I continue my herbal medications?
  - No, you should stop taking any herbal medications one week prior to your procedure due to possible interaction with the medication given in the office.
- How soon after my procedure may I see my family and/or visitors?
  - Once you are moved to the recovery room after the procedure, your family is welcome to come back and sit with you.
- Do I need transportation arranged after the procedure to take me home?
  - Yes, it is very important to have someone take you home and be able to stay with you for the first 24 hours following your procedure.
- What medications do I have to stop taking before the procedure?
  - The staff will review all of the medications you are on and will inform you which ones to stop taking.